

Starters or Light Meals

Soup of the day <u>w</u> crusty bread (v)(gf option)	4.95
A stack of flaked hot smoked salmon, roasted balsamic beetroot & rocket <u>w</u> horseradish cream (gf)	8.35
Smoked mackerel pate <u>w</u> mango & ginger chutney, wholegrain toast (gf option)	6.95
Blue cheese arancini <u>w</u> tomato sriracha, rocket & walnut salad (v)	7.95
Porto quiche of the day <u>w</u> salad (v)	starter size 7.20 main 8.45
Steak or chicken breast or grilled halloumi ciabatta <u>w</u> either <u>caramelised onions or chilli jam.</u>	
crisp lettuce & tomato <u>w</u> side salad (gf option)	8.45
Greek Salad <u>w</u> feta cheese mixed leaves & olives (gf)(v)	6.25
Maple sweet potato fondant <u>w</u> cauliflower cous cous & coconut tzatziki (vegan, gf)	5.95

Mains

Porto & Fi fish pie topped <u>w</u> a leek mash & side salad garnish	<i>small</i> 9.25 14.25
Fresh fish goujons & curly fries <u>w</u> homemade tartar sauce & fresh lemon, served in a pail	<i>small</i> 8.20 12.25
Creole cod fillet <u>w</u> chorizo Jambalaya (gf)	<i>small</i> 9.50 14.95
Finnan haddie <u>w</u> baby new potatoes, tenderstem broccoli a poached egg & mustard cream sauce (gf)	14.25
Pork belly <u>w</u> crispy bacon mash, roast root veg, apple sauce & cider jus (gf)	14.25
Pan seared duck breast <u>w</u> dauphinoise pots, kale, carrot puree & plum sauce (gf)	14.95
Venison Bourguignon <u>w</u> mash, savoy cabbage & Yorkshire pudding	14.50
Black eyed bean chilli <u>w</u> cajun polenta chips & sweetcorn relish (gf-vegan)	13.50
Panko chicken burger <u>w</u> salad, mayo & curly fries	12.95
The house burger (nothing added 100% beef) <u>w</u> BBQ sauce or dijonnaise, salad & chips (gf option)	13.50
(Add baby blue Stilton or cheddar cheese)	1.00
Homemade veggie burger, brioche bun, salad & sweet potato wedges <u>w</u> either chilli jam or dijonnaise (v)(gf-option)	12.95

Little People menu available

Gluten free options where marked

Vegan options can be adopted from our menu, please ask.

Side orders

Pail of curly fries	3.95	Stornoway black pudding & potato hash	4.00
Sweet potato wedges (gf)	3.95	Olives and bread <u>w</u> Oil & Balsamic vinegar	3.80
Seasonal vegetables	3.80	Rocket & parmesan salad	4.00
Mixed green salad	3.20	Bread	1.20

(gf) gluten free (v) vegetarian

There are 14 major allergens that appear in foods – however, we don't list each ingredient or allergen on our menus. If you have an allergy, we welcome any queries regarding ingredients and as a customer you also have a responsibility to inform us of your allergen. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible. Fish dishes may contain bones.

Note for severe allergy sufferers:

all of our dishes are prepared in the same kitchen and whilst great care is taken no guarantee of zero trace of a specific allergen can be given.

SINCE 2008

PORTO & FI

CAFÉ & BISTRO

Soft drinks

Fresh Apple or Orange	
Juice 300 ml	2.70
Glenlivet mineral water (still/spk)	
330ml	1.95
75cl	4.00
Icon bottled Coca Cola/	2.80
Diet Coca Cola	2.70
Fentimans Rose lemonade 275ml	2.70
Fentimans Elderflower presse 275ml	2.70
American cream soda	2.30
Aussie ginger beer	2.70
San pellegrino	2.70
Aranciata, limonata, lemon & mint, blood orange or orange & pomegranate	

Fresh milk shakes

House Special - Fresh Banana & Coconut Milk	3.00
Real strawberry	2.60
Fresh banana	2.60
Chocolate	2.50
One of the above shakes <u>w</u> ice-cream	3.30
Orkney ice-cream float <u>w</u> cream soda /coke	3.30

Coffee

Espresso single shot/double shot	1.80/2.50
Americano (dbl shot)	2.80
Café latte	2.90
Cappuccino	2.90
Flat White	3.30
Macchiato	1.90
Coffee	2.60
Add syrup: vanilla, cinnamon, chocolate fudge, hazelnut or caramel	0.40
Soya, Coconut, Oat or Almond milk latte	3.30
Mocha	3.30
Decaffeinated coffee	2.80
Decaffeinated americano	3.00
Decaffeinated latte/cappuccino	3.10
Decaffeinated coffee alternative milks	3.50

Tea

Breakfast	2.10
Earl grey	2.20
Decafe Tea	2.10
Eteaket, selection;	2.20
Royal earl grey, Bollywood dreams chai, Gunpowder deluxe (green tea) Blooming marvelous (green tea) Perfect peppermint Big red rooibos Cranberry	

Hot Chocolate

Hot chocolate served <u>w</u> a flake on the side	3.00
Hot chocolate served <u>w</u> whipped cream & flake on the side	3.50

Kids drinks

Hot chocolate <u>w</u> a flake	2.20
Hot chocolate <u>w</u> a flake & cream	2.60
Fresh juice, apple or orange 200 ml	1.20
Kids milk	0.90

Beer, Wine & Spirits Menu Available

