

SINCE 2008

PORTO & FI

CAFÉ & BISTRO

Starters or Light Meals

Soup of the day <u>w</u> crusty bread (v)(gf option)		4.95
A stack of flaked hot smoked salmon, roasted balsamic beetroot & rocket <u>w</u> horseradish cream (gf)		8.25
Smoked ham hock & Stornoway black pudding terrine, plum chutney & granary toast		7.75
Tempura king prawn <u>w</u> a pineapple & chimichurri salsa		7.95
Porto quiche of the day <u>w</u> salad (v)	starter size 6.95	main 8.25
Steak or chicken breast or grilled halloumi ciabatta <u>w</u> either <u>caramelised onions or chilli jam,</u> crisp lettuce & tomato <u>w</u> side salad (gf option)		8.25
Greek Salad <u>w</u> feta cheese mixed leaves & olives (gf)(v)		5.95
Roasted butternut squash <u>w</u> quinoa, spiced chickpeas & tahini (gf-vegan)		6.50

Mains

Porto & Fi fish pie topped <u>w</u> a leek mash & side salad garnish	<i>small 8.95</i>	13.95
Fresh fish goujons & curly fries <u>w</u> homemade tartar sauce & fresh lemon, served in a pail	<i>small 7.95</i>	11.95
Smoked haddock kedgeree <u>w</u> a crispy egg (gf option)	<i>small 8.95</i>	13.95
Pan fried fillet of salmon <u>w</u> crushed new potatoes, capers, buttered greens & a tarragon hollandaise (gf)		14.25
Chicken breast stuffed <u>w</u> a sundried tomato tartar, served <u>w</u> a grilled polenta & ratatouille (gf)		14.50
Asian style beef short rib <u>w</u> rice noodles (gf)		14.95
Pork & cracked black pepper bangers <u>w</u> mustard mash & onion/redcurrant jus		13.50
Wild mushroom & Provençal vegetable risotto (gf-vegan)		13.25
Panko chicken burger <u>w</u> salad, mayo & curly fries		12.95
The house burger (nothing added 100% beef) <u>w</u> BBQ sauce or dijonnaise, salad & chips (gf option)		12.95
(Add baby blue Stilton or cheddar cheese)		1.00
Homemade veggie burger, brioche bun, salad & sweet potato wedges <u>w</u> either chilli jam or dijonnaise (v)(gf-option)		12.75

Little People menu available

Gluten free options where marked

Vegan options can be adopted from our menu, please ask.

Side orders

Pail of curly fries	3.95	Stornoway black pudding & potato hash	4.00
Sweet potato wedges (gf)	3.95	Olives and bread <u>w</u> Oil & Balsamic vinegar	3.60
Seasonal vegetables	3.70	Rocket & parmesan salad	3.90
Mixed green salad	3.00	Bread	0.90

(gf) gluten free (v) vegetarian

There are 14 major allergens that appear in foods – however, we don't list each ingredient or allergen on our menus.

If you have an allergy, we welcome any queries regarding ingredients and as a customer you also have a responsibility to inform us of your allergen. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible.

Fish dishes may contain bones.

Note for severe allergy sufferers:

all of our dishes are prepared in the same kitchen and whilst great care is taken no guarantee of zero trace of a specific allergen can be given.

47 Newhaven Main street, Edinburgh, EH6 4NQ
Tel: 0131 551 1900 www.portofi.com

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Soft drinks

Fresh Apple or Orange Juice 300 ml	2.60
Glenlivet mineral water (still/spk)	
330ml	1.85
75cl	3.90
Icon bottled Coca Cola/	2.70
Diet Coca Cola	2.60
Fentimans Rose lemonade 275ml	2.60
Fentimans Elderflower presse 275ml	2.60
American cream soda	2.20
Aussie ginger beer	2.60
San pellegrino	2.60
Aranciata, limonata, lemon & mint, blood orange or orange & pomegranate	

Fresh milk shakes

House Special - Fresh Banana & Coconut Milk	2.90
Real strawberry	2.50
Fresh banana	2.50
Chocolate	2.35
One of the above shakes <u>w</u> ice-cream	3.20
Orkney ice-cream float <u>w</u> cream soda /coke	3.20

Coffee

Espresso single shot/double shot	1.70/2.40
Americano (dbl shot)	2.70
Café latte	2.80
Cappuccino	2.80
Flat White	3.20
Macchiato	1.80
Coffee	2.50
Add syrup: vanilla, cinnamon, chocolate fudge, hazelnut or caramel	0.40
Soya, Coconut, Oat or Almond milk latte	3.20
Mocha	3.20
Decaffeinated coffee	2.70
Decaffeinated americano	2.90
Decaffeinated latte/cappuccino	3.00
Decaffeinated coffee alternative milks	3.40

Tea

Breakfast	1.95
Earl grey	1.95
Decafe Tea	2.00
Eteaket, selection;	2.10
Royal earl grey,	
Bollywood dreams chai,	
Gunpowder deluxe (green tea)	
Blooming marvelous (green tea)	
Perfect peppermint	
Big red rooibos	
Cranberry	

Hot Chocolate

Hot chocolate served <u>w</u> a flake on the side	2.90
Hot chocolate served <u>w</u> whipped cream & flake on the side	3.30

Kids drinks

Hot chocolate <u>w</u> a flake	2.00
Hot chocolate <u>w</u> a flake & cream	2.50
Fresh juice, apple or orange 200 ml	1.20
Kids milk	0.90

Beer, Wine & Spirits
Menu Available

